

## Application of Mixed Teaching in Nursing Professional Courses in Higher Vocational Colleges

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**Abstract:** The comprehensive introduction of the Internet age also makes the new development of teaching mode gradually push forward. In the field of education, the development trend of hybrid teaching mode under the concept of "internet + education" is more and more rapid, which plays an important role in the optimization and innovation of traditional classroom teaching, and also makes "internet + education" gradually become more and more popular in all stages and disciplines. From the point of view of higher vocational colleges, the practice of mixed teaching mode in the course teaching of nursing specialty has begun, and under the mixed teaching mode, it has effectively improved the shortcomings and drawbacks in the classroom teaching under the traditional teaching mode of blackboard writing and teaching too much according to their aptitude.

### 1. Advantages and Advantages of Hybrid Teaching Model

The new teaching mode based on the combination of traditional teaching mode and modern information technology is hybrid teaching mode, which brings great advantages to classroom teaching. In the course of applying the mixed teaching mode effectively, teachers should pay attention to the need to integrate the information technology into the knowledge system, and then carry out the classroom teaching effectively, promote the effective promotion of students' learning initiative, and gradually promote the overall teaching level in the classroom. With the development of the society and the demand of the society, a series of innovation and optimization are needed in the development of higher vocational colleges. Under this background, the traditional teaching mode is no longer applicable. In order to ensure the effective improvement of higher vocational colleges following the pace of social development, it is very urgent to explore and apply the new teaching mode.

The mixed teaching mode needs to combine the traditional teaching method and the modern information technology, and then carry out the classroom teaching. Under this teaching mode, the humanism is the core point of view of the application of the teaching mode, starting from the main position of the students, considering the students' practice, the guidance and guidance of the teachers and the students to create a good learning atmosphere, the students' interest in learning is effectively stimulated with the help of the harmonious and equal coexistence between teachers and students, and then the students' learning efficiency is effectively promoted on the basis of the students' learning interest and learning efficiency. To ensure that students actively participate in learning and improve their autonomous learning ability, to ensure that the classroom atmosphere is more active and dynamic, and to provide more opportunities for the effective development of teacher-student interaction, and then to ensure the overall progress of the classroom teaching level [1].



Figure 1 Hybrid teaching model promotes all-round development of students

## 2. Application of Hybrid Teaching in Nursing Professional Courses in Higher Vocational Colleges

### 2.1. Setting Up Courses in Accordance with Mixed Teaching

In order to ensure the effectiveness of online and offline teaching, the curriculum is also the key to ensure the effectiveness of online and offline teaching. Based on the combination of curriculum and mixed teaching mode, we can improve the boring classroom atmosphere and bring more vitality into the classroom teaching, so as to ensure the effective transfer of active and active learning of the whole students. Promote students to understand the content of the knowledge learned, and lay a good foundation for the realization of students' deep learning.

For example, when conducting mixed classroom teaching based on basic nursing knowledge in higher vocational colleges, the curriculum should be divided into two parts. The first part is the basic theoretical and conceptual content teaching. Another part of the course can be simply transferred to the practical connection. At this time, it is necessary for teachers to use the online teaching mode and the teaching platform to test the students' basic theoretical knowledge mastery, and to guide the students to gradually transition to the practical operation learning through the course and the teaching platform display.



Figure 2 Combining theory and practice to develop students' knowledge application ability

### 2.2. Active Development of Autonomous Learning of Curriculum Content

One of the most important links in the teaching process of any course is the independent learning before class, which can play an important positive role in the students' initial understanding of what they have learned in the classroom, and then gradually and smoothly entering the classroom teaching and the smooth development of the teacher's classroom teaching. In order to ensure the smooth development of students' autonomous learning before class, teachers can upload their own micro-class video, PPT and reference resources in the online learning platform of the school, so as to guide the students to study and explore the knowledge points of the classroom teaching content according to the corresponding teaching goals in the classroom. [2].

For example, this knowledge point is an important knowledge point in the basic nursing specialty of higher vocational college nursing specialty, so teachers can take the specific practice related to knowledge in the process of self-learning and knowledge inquiry and guidance into the form of

video, upload it to the learning platform and set up the relevant preview tasks in time, such as how the teacher can set up the preview task to carry out cardiac traction resuscitation, search for the cause of cardiac arrest, etc. With the help of these tasks and questions to guide students to study, explore and think in the process of autonomous learning, it is an effective self-learning before class, and then in the specific classroom teaching, the teacher will guide the students to actively explain their ideas and views around the task through the pre-study material, and in order to ensure a better understanding of the students' autonomous learning situation, the teachers of the online learning platform of the school can also log in, with the help of this way to better examine and understand the students' autonomous learning situation, and to make appropriate adjustments to the classroom teaching after understanding the actual situation, so as to ensure that the classroom teaching is more targeted.



Figure 3 Multimedia classroom introduction

### **2.3. Effective Introduction of Mixed Teaching into the Classroom**

In order to ensure the smooth development of the classroom, and then pave the way for the follow-up classroom teaching, the teachers can use the micro-class to create the corresponding problem situations and carry out the classroom introduction smoothly. Only by using the problems to arouse the students' interest and motivation of learning can we ensure the effective development of the follow-up classroom teaching [3].

In the process of creating a problem situation, the teacher can point out the problems related to the students' future employment from the specific work angle to the students, such as : " On the way to work, suddenly found a person fainting on the ground, at this time around the ordinary people are very difficult to help, how do you change to do ? " After asking questions, the teacher needs to explain some positive and negative news material in the society actively, so as to help the students make clear the importance of their own duty, to guarantee the students' sufficient cognition and understanding of the importance of the knowledge of first aid, to promote the students to establish themselves as a nursing staff's first aid consciousness in the course of this study, and then to guide the students to conduct a comprehensive analysis around the teaching material and the problem of setting up and the content of news events, etc. In the process of evaluation, teachers should take into account the overall performance of students and explain the specific situation, and then better guide students, this process not only ensures the effective development of classroom introduction, but also can not help but also transition to classroom specific teaching.

### **2.4. After Class with the Help of Mixed Teaching Consolidation and Expansion**

Consolidation after class is an important content in the whole process of students' learning. Only by consolidating after class can students gradually realize the internalization and absorption of the knowledge they have learned and achieve the purpose of students' application of knowledge. Therefore, in the process of applying the mixed teaching mode, teachers should also pay attention to the consolidation of this link after class to ensure that with the help of after-class consolidation and expansion to help students improve their knowledge level and knowledge application ability in an all-round way to achieve the effectiveness of classroom teaching and to achieve the goal of teaching

and educating people. The online learning platform is a good way for students to consolidate after class. In the process of students landing on the platform for after-class learning, we can use the diversified information resources effectively and carry out the cooperative learning mode. Students also need to submit the reflective report at the same time, and search the corresponding information for the correct answer to the question, through the data search and question answer to improve the effective expansion and consolidation of students' after-school knowledge.

### **3. Conclusion**

In order to ensure the actual match between higher vocational college teaching and social development, we should explore the new teaching method actively, and the mixed teaching as one of the effective teaching methods plays a very important role in the teaching of nursing specialty. This paper discusses the application of mixed teaching in nursing courses in higher vocational colleges, hoping to provide reference for relevant talents.

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